



Resources for Schools Supporting Bereavement

CYP Resources

- [Resources for children and young people | Child Bereavement UK](#)

Videos and suggestions to support children and young people with Bereavement. The site has many resources and suggestions for supporting C&YP of differing ages and needs with bereavement in a variety of circumstances.

- [New, free resources to support bereaved and grieving children - Counselling Directory \(counselling-directory.org.uk\)](#)

Includes activities such as grief memory box and grief comic. Journaling. Memory box/ jar.

- [The App Helping Children Through Bereavement \(happiful.com\)](#)

App for CYP to hear stories of others who are going through similar situations/ helping them hold memories/ explore their emotions.

- [Returning to school after a bereavement - Help 2 Make Sense-](#)

Suitable for older children.

SEN specific

- <https://shropshire.gov.uk/media/8667/supporting-children-with-their-grief.pdf>

Information on communicating the truth about death, little activities to illustrate what death is to CYP, ways to help them express their grief and a list of resources- list of books. It also has the same format explaining each section specifically for children with ASC.

- [Bereavement support for children with SEND | Winston's Wish \(winstonswish.org\)](#)

Winstons Wish site. Advice for schools supporting bereaved pupils with SEN.

- [Grief unspoken • SEN Magazine](#)

Article with advice to support children with SEN

- [Dealing with bereavement and support with grief | Speak to a bereavement counsellor | Mencap](#)

Useful information on dealing with a loss, including resources about how to discuss death with a person with a learning disability.

- [Grief Worksheets for Children | Therapist Aid](#)

Work sheets around death/grief. E.g. a goodbye letter.

Social story use to support/explain loss and bereavement

- <https://www.pathfindersforautism.org/wp-content/uploads/2017/01/social-story-about-death-and-grieving.pdf>
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- <https://www.twinkl.co.uk/resource/t-s-3686-loss-of-a-family-member-social-stories>

Examples that give the structure to social stories

- <https://www.andnextcomesl.com/2018/09/free-social-stories-about-death-and-funerals.html>

Social story examples with links to existing/printable social stories. Social story examples cover death of a loved one, funeral explanation, etc. Not all are free. Need to navigate past the ads.

Autism specific

- <https://www.autismspeaks.org/grief-and-bereavement-resources>

list of bereavement resources for CYP with autism.

- <https://www.autism.org.uk/advice-and-guidance/topics/mental-health/bereavement/parents>

Advice for parents of children with Autism/Social Communication Differences.

- [Bereavement \(autism.org.uk\)](https://www.autism.org.uk/advice-and-guidance/topics/mental-health/bereavement/parents)

Guides for professionals and parents supporting children with ASD experiencing grief.

Family Support

- [Resources for Bereavement Care - Care for the Family](#)

Dos/don't lists for different scenarios. Helpful for people who don't know where to start. Not particularly for CYP but has some videos about what people have found helpful to hear from other people and also what they haven't.

Books

- [Creative Interventions for Bereaved Children](#) by Liana Lowenstein
- <https://www.childbereavementuk.org/resources-for-children-and-young-people>

Book suggestions with links to where to buy